DaVita Promotes Super Bowl XLVI Finger Foods for the Kidney Diet

DENVER--(BUSINESS WIRE)--Feb. 2, 2012-- DaVita Inc. (NYSE: DVA), a leading provider of kidney care services that is committed to improving the quality of life for those diagnosed with chronic kidney disease (CKD), offers kidney patients a chance to enjoy delicious Super Bowl® Sunday treats with kidney-friendly recipes. Recipes are available online on DaVita's special occasion diet and nutrition page.

While celebrations and party food temptations can be difficult for anyone following a special diet, they pose an even greater challenge for those with CKD. CKD patients must modify their protein, phosphorus, potassium, sodium and fluid intake, which can be complicated to monitor during snack-filled events such as Super Bowl parties.

"Super Bowl Sunday is very much about the food," said DaVita Dietitian Sara Colman. "These Super Bowl recipes are designed to meet the unique dietary and nutritional needs of CKD patients and are tasty enough for everyone to enjoy."

DaVita® offers kidney patients recipes that are protein-modified, low-phosphorus, low-potassium and low-sodium. Kidney-friendly football favorites include Hot Crab Dip; Pineapple, Pork and Pepper Pizza; Artichoke Relish on Pita Bread; and Honey-Maple Snack Mix.

To wash down those tasty snacks, DaVita dietitians recommend kidney-friendly beverages such as 7UP®, Sprite®, ginger ale or Barq's® root beer. Coffee and tea are also good choices. Avoid beer, however, as it is high in phosphorus.

For a full list of Super Bowl recipes and other kidney-friendly options, visit DaVita's Super Bowl XLVI's recipes page on DaVita.com.

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About DaVita

DaVita Inc., a Fortune 500® company, is a leading provider of kidney care in the United States, delivering dialysis services to patients with chronic kidney failure and end stage renal disease. DaVitastrives to improve patients' quality of life by innovating clinical care, and by offering integrated treatment plans, personalized care teams and convenient health-management services. As ofSeptember 30, 2011, DaVita operated or provided administrative services at 1,777 dialysis facilities, serving approximately 138,000 patients. DaVita supports numerous programs dedicated to creating positive, sustainable change in communities around the world. The company's leadership development initiatives and social responsibility efforts have been recognized by Fortune, Modern Healthcare, Newsweek and WorldBlu. For more information, please visit http://www.davita.com.

Source: DaVita Inc.

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