

# DaVita Supports National Diabetes Month

## **Diabetes is the leading cause of kidney disease in United States**

DENVER, Nov. 8 2016 /PRNewswire/ -- **DaVita Inc.** (NYSE: DVA), a leading independent medical group and a leading provider of kidney care services in the United States, joins the fight against diabetes during National Diabetes Month by sharing resources on the link between diabetes and kidney disease.

Kidney failure is a significant risk for those with diabetes, and diabetes is the number one cause of kidney disease. One in three individuals with diabetes has kidney disease. Moreover, kidney disease is underdiagnosed among those with diabetes, as the symptoms often go unnoticed until it is too late.

"It's important for individuals to know their risk factors for kidney disease and be vigilant in monitoring their health," said Dr. Bryan Becker, vice president and medical director of integrated care at DaVita. "We encourage patients to make healthy lifestyle choices and maintain an individually tailored diet in order to better manage both diabetes and kidney disease."

DaVita Kidney Care offers a free [60-second risk assessment quiz](#) to help educate the public about the risk factors that can lead to kidney disease. To encourage patients to maintain a healthy diet, DaVita has a variety of kidney- and diabetes-friendly recipes on [DaVita.com](#), as well as [DaVita Diet Helper™](#), an easy-to-use online meal planning tool for those with diabetes and kidney disease.

In addition to the resources offered by DaVita Kidney Care, DaVita's medical groups and affiliated physician networks in a variety of markets, including [California](#), [Nevada](#), [New Mexico](#), [Florida](#), [Colorado](#) and [Washington](#), offer patients a unique coordinated care model that is designed to provide optimal support to individuals and families dealing with diabetes, kidney disease and other chronic illnesses. As part of this model, one primary doctor oversees the big picture of each patient's health and medical treatment and coordinates each individual's care with a larger team.

## **About DaVita Inc.**

DaVita Inc., a Fortune 500® company, is the parent company of DaVita Kidney Care and HealthCare Partners, a DaVita Medical Group. DaVita Kidney Care is a leading provider of kidney care in the United States, delivering dialysis services to patients with chronic kidney failure and end stage renal disease. As of September 30, 2016, DaVita Kidney Care operated or provided administrative services at 2,318 outpatient dialysis centers located in the United States serving approximately 186,000 patients. The company also operated 139 outpatient dialysis centers located in 11 countries outside the United States. HealthCare Partners manages and operates medical groups and affiliated physician networks in California, Nevada, New Mexico, Florida, Colorado and Washington in its pursuit to deliver excellent-quality health care in a dignified and compassionate manner. As of September 30, 2016 HealthCare Partners provided integrated care management for approximately 750,000 patients. For more information, please visit [DaVita.com/about](#).

## **Contact Information**

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