DaVita Boosts Efforts to Educate During National Diabetes Month

DENVER, Nov. 2, 2017 /PRNewswire/ -- DaVita Inc. (NYSE: DVA), a leading independent medical group and a leading provider of kidney care services in the United States, joins the fight against diabetes by helping raise awareness during National Diabetes Month through educational resources and by hosting clinical programs for helping patients manage this condition.

"It's important to know that if you have diabetes you can still live a healthy life. Knowing how to reduce your risk of kidney disease is a great first step," said Dr. David Van Wyck, vice president of clinical support services at DaVita Kidney Care. "The good news is that early and persistent attention to diet and to controlling blood pressure and blood glucose make a big difference in lowering your risk."

Diabetes is the number one cause of kidney failure. A staggering one in three individuals with diabetes also has kidney disease. Moreover, kidney disease is underdiagnosed among those with diabetes, as the symptoms often go unnoticed until it is too late.

DaVita Kidney Care offers a free online 60-second risk assessment quiz to help educate individuals about the risk factors that can lead to kidney disease. To encourage patients to maintain a healthy diet, DaVita Kidney Care has a variety of kidney- and diabetes-friendly recipes on DaVita.com, as well as DaVita Diet Helper™, an easy-to-use online meal planning tool for those with diabetes and kidney disease.

In addition to the resources offered by DaVita Kidney Care, DaVita Medical Group and its affiliated physician networks offer several unique programs and provide online information to help patients manage a range of chronic conditions, including diabetes. DaVita Medical Group's unique coordinated care model, in which a primary care physician coordinates care with a larger team of specialists, is designed to provide support for individuals and families dealing with diabetes, kidney disease and other chronic illnesses.

About DaVita Inc.
DaVita Inc., a Fortune 500® company, is the parent company of DaVita Kidney Care and DaVita Medical Group. DaVita Kidney Care is a leading provider of kidney care in the United States, delivering dialysis services to patients with chronic kidney failure and end stage renal disease. As of June 30, 2017, DaVita Kidney Care operated or provided administrative services at 2,445 outpatient dialysis centers located in the United States serving approximately 194,600 patients. The company also operated 217 outpatient dialysis centers located in 11 countries outside the United States. DaVita Medical Group manages and operates medical groups and affiliated physician networks in California, Colorado, Florida, Nevada, New Mexico, Pennsylvania and Washington in its pursuit to deliver excellent-quality health care in a dignified and compassionate manner. DaVita Medical Group's teammates, employed clinicians and affiliated clinicians provided care for approximately 1.7 million patients. For more information, please visit DaVita.com/About.

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