DaVita Kidney Care Recognizes Its Dietitians on Registered Dietitian Nutritionist Day

DENVER, March 14, 2018 /PRNewswire/ -- DaVita Kidney Care, a division of DaVita Inc. (NYSE: DVA), a leading provider of kidney care services in the United States, honors Registered Dietitian Nutritionist Day by recognizing its more than 2,000 registered dietitians across the U.S. and in 11 countries around the world.

"We celebrate National Nutrition Month® and National Registered Dietitian Nutritionist Day in March. This special time is to honor the professional passion and dedication of dietitians and the impact they have on individuals' overall health and well-being," said Debbie Benner, vice president of clinical support forDaVita Kidney Care. "Dietitians use the science of nutrition to enable people to make personalized, positive lifestyle changes. This is especially true for patients with chronic diseases such as kidney disease, diabetes and hypertension."

DaVita dietitians, who are renal nutrition experts, work with patients to help them achieve:

- Better nutritional status, by assessing nutritional intake and biochemical parameters. For example, they provide individualized meal plans based on patients' unique needs and preferences.
- Mineral and bone disorder management through education that considers disease state, laboratory results, medications and dietary aspects.
- Fluid balance, by providing easy-to-follow tips to help manage sodium and fluid intake. Dietitians also offer suggestions for healthy, flavorful alternatives to high sodium foods.

"DaVita's focus is on the individual and their unique needs," saidAllen R. Nissenson, M.D., FACP, chief medical officer for DaVita Kidney Care. "Our dietitians lead this effort by listening to each patient's preferences, considering cultural aspects and then guiding patients to make lifestyle choices that can positively impact their overall health and well-being."

DaVita dietitians are trained extensively in motivational interviewing. This skill enhances their ability to engage patients and positively influences their ability to reach their personal health goals.

For more information about a kidney-friendly diet, visit the DaVita® Kidney Diet Tips blog atBlogs.DaVita.com.

About DaVita Kidney Care
DaVita Kidney Care is a division of DaVita Inc., a Fortune 500® company, that through its operating divisions provides a variety of health care services to patient populations throughout the United States and abroad. A leading provider of dialysis services in the United States, DaVita Kidney Care treats patients with chronic kidney failure and end stage renal disease. DaVita Kidney Care strives to improve patients' quality of life by innovating clinical care, and by offering integrated treatment plans, personalized care teams and convenient health-management services. As of Dec. 31, 2017, DaVita Kidney Care operated or provided administrative services at 2,510 outpatient dialysis centers located in the United States serving approximately 198,000 patients. The company also operated 237 outpatient dialysis centers located in 11 countries outside the United States. DaVita Kidney Care supports numerous programs dedicated to creating positive, sustainable change in communities around the world. The company's leadership development initiatives and social responsibility efforts have been recognized by Fortune, Modern Healthcare, Newsweek and WorldBlu. For more information, please visit DaVita.com.

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